

Sam Larke: Programme Lead



What is LAT ?



Programme Overview

Leicester Ageing Together is one of 15 localities benefitting from the Big Lottery's £82 million Ageing Better programme. The fund was set up to improve the lives of older people

Leicester Ageing Together consists of; 23 projects, delivered by 16 partners, with £5 million of funding



Why the need

Our review of data on need in Leicester City identified the following root causes of isolation:

- Physical and mental health problems and impairments, including mental and emotional health and mobility problems;
- People from BME communities, particularly if separated from a large community and/or experiencing language barriers;
- Poverty;
- Being very old.

19,940 residents aged 50 and over in Leicester assess their daily activities to be limited a lot by a health problem or disability, which has lasted, or is expected to last, at least 12 months.



Isolation and Loneliness is a bigger cause of death than obesity!



Aims Of Leicester Ageing Together

- To reduce the impact of isolation & Loneliness on older people
- To reconnect older people to communities
- To reduce the impact of health conditions on loneliness
- To improve services and their coordination
- To reduce the negative impacts of poverty
- Older people are more engaged in the design and delivery of services

Targets

- 6,400 beneficiaries supported; 50 years +
- 1,100 volunteers recruited and trained



Where?

These wards have been chosen due to their prevalence of risk factors associated with social isolation which had been identified by older people

- Spinney Hills
- Belgrave
- Wycliffe
- Thurncourt
- Evington
- City wide coverage; Hearing loss, African Caribbean Older People, LGBT and Older people who find it difficult to leave their homes



What does LAT partnership working mean?

- Joined up coordination of staff and volunteers
- Shared workforce development and learning
- Asset based Community Development
- Use of central database
- Attendance at partnership meetings
- Reasonable contributions and participation in Evaluation and Workforce Development meetings and events



What are the benefits of a LAT partnership?

- Greater Impact and reach
- Shared resources
- Project sustainability and legacy
- Shared learning
- Match funding
- Wider networking
- Development of good practice models



Workforce Development

- Advise on and develop programme human resources and workforce development processes
- Produce the annual workforce development plan for staff and volunteers across the programme.
- Support the sharing day to day insights and experiences.
- The coordination of the delivery of formal training and workshops



Evaluation

Leicester Ageing Together is a “test and learn” programme and will generate learning through:

- Intelligence gathering and community research
- Monitoring and reflecting on our practice
- Quantitative data gathering- CMF and local evaluator
- Qualitative focus groups



So what have we achieved...?



- Reached over 2700 beneficiaries
- Recruited and trained over 450 volunteers
- Developed a Community Resources directory
- Gathered evaluation data on nearly 300 beneficiaries
- Asset mapped our wards
- Committed and engaged board members
- Growing referrals from Adult Social Care
- Launched new micro projects



What are our plans for this year?



- Reach another 3000 beneficiaries
- Recruited and train another 450 volunteers
- Gather evaluation data on over 400 beneficiaries
- Demonstrate Social Return on Investment (Cost benefit analysis)
- Implement the outcomes of the strategic review
- Regular referrals from statutory service health providers
- Develop transport strategy
- Launch our Learning Network and Peer Research group



Thank You

